

AN ACTIVE NATURE EXPERIENCE: THREE DAYS OF SWIMRUN, GUIDED HIKING AND CULINARY HIGHLIGHTS



Activities

Öppet Hav

Guide Mats Andersson



Accommodation

Utö värdshus

Svedtiljas Lotstornet
Logi & Restaurang

This archipelago experience suits the adventurous type who likes a physical challenge or two. This one in particular is called swimrun, a sport that was born in the Stockholm archipelago. The three days consist of fantastic nature experiences, relaxation, good food and a dose of archipelago culture.



Included in the package

Two days swimrun with guide

Two nights in double room including breakfast

Two lunches and Swedish Fika in the archipelago

Two three courses dinner, one dinner is outdoor arranged by a private chef

Access to sauna and hot tub

Guided hike around Utö

Yoga



Dates and prices

Booking on request

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Departure dates

May, June, August, September

Starting point: Furusund

Price: 20 900 SEK/person

Payment: Secure online payment when you make your reservation. A 20 % deposit at the point of booking, remaining is due two weeks before departure.

DAY 1: Nature and culture in the countryside

The adventure gets off to a flying start when a helicopter flies the participants out from Bromma Airport to Landsort. Once there, they are welcomed by Mats, the group's guide throughout the trip, and Åke, the Landsort expert who runs the Lotstornet hotel and Svedtilja restaurant. After check-in, information and equipment testing, lunch is served. Then it is time for the first swimrun of the trip, in the safe company of Mats. Once the first session is over, a bit of relaxation is in order before Åke guides the group throughout Landsort's unique culture and nature, its rugged cliffs, lighthouses and the island's identity as the last outpost in the archipelago. As the day draws to a close, a three-course dinner featuring the best of archipelago cuisine is served. The first night is then spent at the unique Hotel Lotstornet and comes with extensive views of the sea included.

DAY 2: Swimrun on Utö

After a breakfast buffet at Landsort, a boat departs for Nåttarö, where the first swimrun of the day takes place. After a couple of intense hours, it is time to have lunch at Ålö before the swim continues, this time in the direction of Utö and with an accompanying boat as an extra safety measure. After arriving, there is time to take it easy for a while. Perhaps the hot tub or sauna seems like the perfect way to spend a couple of hours? By the time the pre-dinner drinks are served, the participants are likely to have plenty to talk about and a need to share experiences. Finally, the group will have a three-course dinner at the classic Utö värdshus, where the night will also be spent – in the Kvarnvillan, to be precise.

DAY 3: A slower pace

The last day is also the quietest. After an energising breakfast buffet at Utö värdshus, an hour of morning yoga awaits. Mats then leads a hike around Utö's 15 kilometres of trails, past the old mines, along the famous beaches, the quiet pine forests and the open meadows. A coffee break is of course included in the hike. An archipelago-scented lunch is then served at Utö inn before the boat departs for Stockholm in the afternoon, with an estimated arrival time around noon.

Added

Single Bedroom addition 1 500 SEK.
All alcoholic beverages.

General information

Group size: 4–8 persons.
Age limit is 18 years, or 16 years if accompanied by adult.

Additional information

Nature experiences are never guaranteed. Although we try to recommend certain periods as "Best time to go" we cannot guarantee that you will experience what you have come for. Outdoor activities are also weather dependent. If we are forced to cancel an activity due to extreme weather conditions, an alternative activity suitable for the current conditions will be provided. Please note that changes may occur at a short notice, even on the same day.

 For general information

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